



# The National Survey of Children's Health

Overweight and Physical Activity Among Children:  
A Portrait of States and the Nation 2005

## New York

All statistics are based on parental reports.

National %	State %	
14.8	15.3	Percent of children who are overweight
21.9	26.0	Age 10-11
14.4	15.8	Age 12-14
10.7	7.3	Age 15-17
22.4	18.7	0-99% Federal poverty level
19.0	16.6	100-199% Federal poverty level
13.7	15.6	200-399% Federal poverty level
9.1	12.1	400% Federal poverty level or more
18.1	20.3	Male
11.5	10.2	Female
		Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week
71.3	68.2	
78.2	72.5	Age 10-11
74.2	66.7	Age 12-14
63.3	66.7	Age 15-17
76.8	76.7	Male
65.6	59.6	Female
		Percent of children who were on a sports team or took sports lessons during the past 12 months
58.6	55.7	
61.5	61.0	Age 10-11
61.6	54.2	Age 12-14
53.4	53.6	Age 15-17
62.1	62.5	Male
55.0	48.8	Female
72.9	68.0	Percent of children with at least one parent who exercises regularly